

# Lunch & Dinner

## SALADS 55

### PANAMA'S HOUSE SALAD

Mixed organic salad, grilled tuna, honey mustard dressing

### SALMON QUINOA SALAD

Mixed organic salad, quinoa, poached salmon, feta cheese

### BEETROOT PUMPKIN

Mixed organic salad, beetroot, pumpkin, honey mustard dressing

### PANAMA'S CAESAR

Mixed organic lettuce, grilled chicken breast, parmesan, Panama's homemade Caesar dressing, bacon, croutons

### SPINACH STRAWBERRY SALAD

Organic spinach, Strawberries, Balsamic dressing, honey, Feta cheese

### LOCAL KALE SALAD

Blanched organic local kale, tomatoes, garlic, poached egg, feta cheese

### TROPICAL FRUIT BOWL

Watermelon, kiwi, mango, grape, strawberry, dragon fruit, pineapple



SHAREABLE PORTIONS, BUT

YOU PROBABLY GO SOLO!

### PANAMA'S NET CATCH 85

Sautéed chunks of fish, garlic butter shrimp, baby potatoes, cherry tomatoes, corn, fried onion rings

### PANAMA'S SHRIMP BASKET 95

A basket of shrimp, sauteed in garlic butter

### CLASSIC NACHOS 60

Hand-cut corn chips, sour cream, salsa fresca, guacamole

ADD PULLED PORK / JACKFRUIT +20K Nett,-

### ANCHOR BREAKER 65

Battered fish, vegetable strips, garlic butter fries, homemade Tartar sauce

### CHICKEN / FISH STRIPS & CHIPS 85

Served with garlic butter French fries and garlic Aioli sauce

### PANAMA'S CALAMARI 75

Battered calamari, a side of mixed salad and basil garlic sauce

### GARLIC BUTTER CAJUN FRIES 60

ADD PULLED PORK / JACKFRUIT +20K Nett,-



### AL PASTOR

Pork Shoulder, cabbage, Salsa Fresca, Al Pastor sauce, Flour Tortilla

### CARNITAS

Pork Shoulder, Salsa Fresca, Chicharron sprinkles, cabbage, flour Tortilla

### GRILLED FISH

Jimbaran-caught grilled snapper, cabbage, Salsa Fresca, flour Tortilla

### PULLED PORK

Slow-cooked pulled pork, red cabbage, Salsa Fresca, Flour Tortilla

### GRILLED CHICKEN

Grilled chicken, guacamole, lettuce, Salsa Fresca, Mozzarella cheese

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SINGLE

DOUBLE

FREE NACHOS

### SPINACH & CREAMY MUSHROOM 75

Spinach, herbs, mushrooms, homemade creamy sauce

### SIZZLING PRAWN W/ GARLIC CHILI LIME 90

Garlic butter shrimp, chili, herbs, cherry tomatoes

## PASTA



CHOICE OF SPAGHETTI / FETTUCCINE

### BACON & SAUSAGE 85

Bacon, sausage, caramelized onion, mixed herbs, cherry tomatoes - **Spicy Tuna Available**

### MEATBALL & TOMATO SAUCE 90

Homemade tomato sauce and meatballs



### SPECIAL SALMON STEAK 120

Grilled Norwegian salmon, mashed baby potatoes, sauteed organic vegetables, creamy coconut sauce

### GARLIC BUTTER BARRAMUNDI 110

Grilled barramundi, classic garlic butter, organic local kale and mashed organic baby potatoes

### GRILLED BBQ CHICKEN & SHRIMP 95

Grilled chicken breast, grilled shrimp, chunks of pineapple, roasted baby potatoes, corn, sweet & tangy tropical sauce

### CLASSIC GRILLED CHICKEN 90

Grilled half-chicken, vegetables, mashed baby potatoes, blackpepper & mushroom sauce

### GRILLED PORK CHOP 110

Grilled pork chop, sautéed organic baby potatoes and corn, sautéed vegetables, homemade creamy parmesan sauce

### HOMEMADE TUNA STEAK 95

Grilled tuna, lemon herb butter sauce, sautéed organic vegetables and garlic butter fries

### CLASSIC FISH & CHIPS 95

Battered Jimbaran-caught snapper, coleslaw, garlic butter fries, Tartar sauce

### BALINESE FRIED RICE 75

Balinese-traditional spiced fried rice, served with chicken satay and egg

\*SAMBAL MATAH AVAILABLE



### PANAMA'S HAWAIIAN BURGER 70

Juicy beef patty, grilled pineapple, organic rucola, sweet-tangy pineapple sauce  
PULLED JACKFRUIT AVAILABLE (V)"

### PULLED PORK BURGER 70

Organic Beetroot-Pineapple coleslaw, slow-cooked pulled pork, sweet-tangy sauce

### PANAMA'S CLASSIC CHEESEBURGER 70

Juicy beef patty, pickles, Cheddar, lettuce, tomato, onion, homemade barbecue sauce

### FILLET FISH BURGER 70

Spicy fried fish fillet, Iceberg lettuce, tomatoes, garlic Aioli sauce

### CHICKEN TENDER BURGER 70

Spicy fried chicken breast, Iceberg lettuce, tomatoes, garlic Aioli sauce

### CAJUN SHRIMP PO' BOY 70

Grilled shrimp, Cajun seasoning, lettuce, creamy Chipotle sauce

### BACON CHEESEBURGER 70

Juicy beef patty, pickles, cheddar cheese, bacon strips, barbecue sauce and onion

### 'DOUBLE TROUBLE' BURGER 110

Double juicy beef patty, pickles, cheddar cheese, bacon strips, homemade barbecue sauce and onion

### GRILLED CHICKEN BURGER 70

Grilled chicken breast, tomatoes, lettuce, Guacamole, homemade barbecue sauce and pickles.

### MAHI MAHI BURGER 70

Jimbaran-caught Mahi-mahi (grilled), pickled vegetables, organic Rucola, creamy Chipotle sauce

**Side Dishes FRIES / ONION RINGS / MIXED SALAD 20k<sup>NETT,-</sup>**



### PANAMA'S CHURROS

### CHOCOLATE LAVA CAKE

### PANAMA ICE-CREAM BURGER

### CHIQUITA DE PANAMA

### TROPICAL BANANA SPLIT



## Panama Junior

**50**

SERVED WITH A SIDE OF FRUITS

### JUNIOR CHEESE BURGER

Beef patty, pickles, cheddar, lettuce, tomato ketchup, and sautéed onion (Fries Included)

### JUNIOR BACON & SAUSAGE PASTA

SPAGHETTI / FETTUCCINE  
Bacon, Sausage, Caramelized onion, Mixed herbs, Cherry tomatoes



### MOZZARELLA CHEESE KIDSADILLA

Classic cheese Quesadilla (Kid's Size)

### PANAMA S'MORES KIDSADILLA

Chocolate and graham crackers Quesadilla (Kid's Size)

### GRILLED CHEESE & BACON SANDWICH

Toasts, Mozzarella & Cheddar cheese, Bacon

### JUNIOR FISH & CHIPS

Battered snapper, French fries, coleslaw, homemade tartar sauce



 CHEF'S RECOMMENDATION

 YOU MUST TRY!

 CUSTOMER'S FAVOURITE!

ALL PRICES ARE SUBJECT TO 6% SERVICE AND 10% GOVERNMENT TAX

# Breakfast Menu

08:00AM - 12:00PM



SERVED WITH SCRAMBLED EGG, HOMEMADE TOMATO JAM, GARLIC AIOLI, BUN.

- BACON BURGER
- CLASSIC BLAT
- SPAM BURGER
- SALMON BURGER
- CHICKPEA BURGER (V)

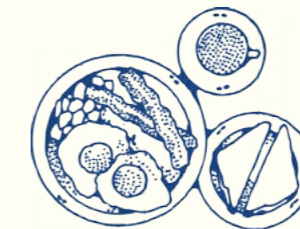
Side Dishes FRIES / ONION RINGS / MIXED SALAD 20k<sup>NETT,-</sup>



- LOCAL KALE SALAD 55  
Blanched local organic kale, tomatoes, garlic, poached egg, feta cheese
- SALMON QUINOA SALAD 55  
Mixed salad, quinoa, poached salmon, poached egg, feta cheese
- TROPICAL FRUIT BOWL 55  
Watermelon, kiwi, mango, grape, strawberry, dragon fruit, pineapple

## CLASSIC BREAKFAST

- THE BREAKFAST CLUB 70  
Choice of eggs, bacon, sautéed baby potatoes, sautéed corn, blanched organic spinach, mushrooms, grilled tomato, toasts
- PANAMA'S EGG BENNIES 70  
English Muffin, poached egg, hollandaise
- BAKED EGGS 65  
Baked Sunny-Side-Up served with sourdough toast, bacon, sausage, mushroom
- FLUFFY PANCAKES 55  
Served with berries & maple syrup
- CLASSIC FRENCH TOAST 55  
Served with banana, berries & maple syrup
- CHICKEN FAJITA OMELETTES 65  
Grilled chicken, avocado, green pepper, onion, mozzarella, salsa fresca, feta cheese, tomato chutney
- GREEK STYLE OMELETTES 65  
Spinach, mushrooms, avocado, feta cheese, tomato chutney
- BACON & EGG BURRITO 65  
Bacon, egg, watercress basil garlic sauce
- MUSHROOM PESTO BURRITO 65  
Spinach, mushrooms, homemade Pesto, Mozzarella cheese, egg



## BREAKFAST ON TOASTS!

- AVOCADO ON TOAST 65  
Smashed avocado, cherry tomato, poached egg, feta cheese +1 Topping
- EGG ON TOAST 65  
Scrambled egg, tomato salsa, feta cheese +1 Topping
- MUSHROOMS ON TOAST 65  
Sauteed mushrooms, cherry tomato, poached egg, feta cheese +1 Topping

Choose of a Topping BACON / SPAM / SAUSAGE / SALMON / ROASTED PUMPKIN / MUSHROOMS / SPINACH / TOMATO RELISH

- BANANA ON TOAST 55  
Smashed banana, berries
- PEANUT BUTTER / CHOCOLATE SPREAD
- BREAD TOAST 40  
Served with a side of (choose one):  
NUTELLA / VEGEMITE / HONEY  
PEANUT BUTTER / MAPLE SYRUP

- CHIA SEED PUDDING STRAWBERRY / MANGO / BANANA 55  
Chia seeds, granola, coconut milk with a choice of fruit topping

## Smoothie Bowls!

AVAILABLE ALL DAY



SMOOTHIE IS GOOD FOR YOU!...

- LAVA LUAU 65  
Dragon fruit, strawberries, banana, chia seeds, granola
- ENDLESS SUMMER 65  
Mango, strawberries, pineapple, apple, flaxseed, granola
- PIPELINE 65  
Pineapple, banana, mango, spirulina, coconut milk

#PANAMAPOOLSIDEBRUNCH

ALL PRICES ARE SUBJECT TO 6% SERVICE AND 10% GOVERNMENT TAX